

SKI & BOARD TEAMS



BEAR VALLEY MOUNTAIN

SNOW SPORTS TEAM HANDBOOK

Winter 2016 / 2017



Team **BV**
Bear Valley Snowsports Education Foundation

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1. About The Snow Sports Team Program

1.1. Mission

The mission of the Bear Valley Snow Sports Team Program is to develop recreational and racing skiing/boarding skills in a positive and encouraging atmosphere while developing a lifelong passion for snow sports.

1.2. Program Management

Aaron Johnson, Director of Snow Sports Education & Exploration

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1.3. Program Overview

The Bear Valley Snowsports Team Program provides a variety of options for skiers and snowboarders who desire to improve their recreational or racing skiing/boarding skills in a team environment. The program focuses on developing and improving the fundamental skills necessary for a strong skiing/boarding foundation. Whether participants are interested in all-mountain, alpine racing, skier/boarder cross, or just free skiing, mastering the skiing and snowboarding fundamentals is the key to success and enjoyment. Bear Valley's coaching staff strives to provide individual training so each athlete may reach their full potential with the goal of being able to successfully navigate all terrain and snow conditions in a safe, confident manner.

Our Snow Sports Team Program curriculum is based on the PSIA, AASI, and USSA Training Systems which provide a guide to achieve an integrated system for athlete development. The systems are focused on age appropriate content and stages of development, including areas of emphasis within the relevant sport domains, as well

as a competition system that optimizes training and competition windows. It is based on a long-term athlete development model for skiers and riders that emphasizes age-appropriate training and competition that will allow each athlete to reach their full potential.

The Snow Sports Team Program utilizes two training “tracks” to develop ski and boarding skills. The Development Teams train athletes on a variety of slopes and focus on mastering ski and snowboard fundamentals. The ultimate goal is to develop skiers and snowboarders who are proficient in all terrain and snow conditions and can enjoy and respect the mountain environment.

The Race Teams are for those athletes who want to further develop skiing skills with an emphasis on learning ski racing techniques. This program is ideally suited for skiers who want to participate in ski races, such as NASTAR, the Central Sierra Series, or Far West competitions. Bear Valley Race Team offers members the opportunity to travel to other Sierra resorts to compete in competitions. Many skiers move from the Development Teams to the Race Teams as their skills improve or when they desire the challenge of a more competitive environment.

2. About the Teams

2.1. Development Teams

Team	Age	Discipline
Kodiak Team	4-5 Years Old	Ski
Youth Development	6-17 Years Old	Ski & Snowboard
Adult Development	18+ Years Old	Ski

Kodiak Team (Ski Only): This team is a ski development program for children 4-5 years of age that are at a minimum of strong beginner skiing level with successful chairlift loading and unloading experience. Kodiak Team members train for 2 hours per day on Saturdays and Sundays, every other weekend, including a holiday training camp between Christmas and New Year’s. This schedule allows parents who are snow enthusiasts an opportunity to get a few hours of skiing or boarding while their kids are safe and learning new skills in a team environment. Parents are also welcome to join trainings, especially early in the season, to provide additional support for the

chairlift loading and unloading procedure. For effective instruction, skier/Instructor ratios are from 4-6:1.

Youth Development Teams (Ski & Snowboard): Development Teams are for skiers and riders between 6-17 years of age who are excited to improve their ski/boarder technique in a team setting. Development teams train four hours per day on Saturdays and Sundays, every other weekend, including a holiday training camp between Christmas and New Year's. Participants work on a variety of skill development in all snow conditions and terrain, building skills and confidence under the direction of a professional instructor. The emphasis is on fun, while developing mountain safety and teamwork skills. Team members will be introduced to freeski features and elements, skier/boarder cross course techniques, and running gates. Development Teams require a minimum skill level of advanced beginner to intermediate skiing or riding ability and all members must be capable of riding a chairlift without assistance.

Adult Development Teams (Ski Only): Known for a friendly and supportive environment, the Adult Development Team is the best and most affordable way to improve your skiing technique. Open to strong beginner through advanced skiers, teams focus on improving specific skills with Bear Valley's professional and friendly coaching staff. Adult Development Teams train two hours per day on Saturdays and Sundays, every other weekend, including a holiday training camp between Christmas and New Year's. Participants work on a variety of skill development in all snow conditions and terrain, building skills and confidence under the direction of a professional instructor. The emphasis is on fun, while developing mountain safety and teamwork skills.

2.2. Race Teams

Team	Age	Discipline
Development Race Team	6-17 Years Old	Ski
Race Team	6-17 Years Old	Ski

Development Race Team: The Development Race Team is for skiers aged 6-17, who are considering ski racing while enjoying the Mountain and improving their technique. Development Race Teams train four hours per day on Saturdays and Sundays, every other weekend, including a holiday training camp between Christmas and New Year's.

An important component of this program is the introduction to the technical skills needed to transition to the Bear Valley Race Team. The program includes drills, free skiing, race techniques and an introduction to giant slalom and slalom race courses, while emphasizing skill development in all snow conditions and terrain in a safe and confidence building environment. This team requires a minimum skill level of intermediate skiing. Development Race Team members may race in the Central Series and Far West races at Bear Valley and other resorts with the agreement of the Head Race Team Coach.

Race Team: This is a competitive ski race team for strong intermediate to advanced skier athletes aged 6-17 years old who are looking to improve their racing skills, have a passion for racing, and are ready to compete at a top level. Ideal for committed young athletes that want to train and compete with the support of a solid team and enthusiastic coaches, the team trains for four hours each day during every weekend of the winter season and includes a holiday training camp between Christmas and New Year's.

The Race Team participates in Bear Valley's Rasmussen Classic race and travels to other Central Sierra resorts for 3 other races during the season along with the Championships typically hosted at the Tahoe resorts or Mammoth Mountain. The focus of this team is on developing fundamental technical skills to improve racing technique. This team requires a minimum skill level of intermediate skiing.

More information is available in the [Race Team Guide](#)

2.3. 2016/17 Training Days & Times

Team Orientation & Welcome Meeting - ALL Teams

Nov. 25, 2016, 1-2 PM; Social to follow

Training Times:

Kodiak and Adult Development Teams train from 9:30-11:30 each scheduled day.

All other teams train from 9:30-11:30 and 12:30-2:30 each scheduled day.

Training Dates:

All Development Program Teams & Race Development Team	
Month	Scheduled Training Days
December	10-11; 26-30 (Holiday Camp)

January	7-8 & 21-22
February	4-5 & 18-19
March	4-5 & 18-19

Race Team	
Month	Scheduled Training Days
December	10-11; 26-30 (Holiday Camp)
January	Every weekend day *
February	Every weekend day *
March	Every weekend day *

**Additional weekdays, TBA*

Race Team Competition Dates 2016/2017 Season		
Month	Discipline	Dates (2017)
Bear Valley	GS / SL	January 7th & 8th
Dodge Ridge	2x GS	February 4th & 5th
China Peak	2GS / 2 SG	February 25th & 26th
Yosemite	2x SL	March 4th & 5th
Squaw Valley	U10 Championships	March 23rd-26th
Mammoth Mountain	U12 Championships	March 23rd-26th
Northstar	U14 Championships	March 30th-Apr 2nd

2.4. Required Equipment

In addition to ski clothing, all skiers and boarders need the following equipment:

- Season Pass

- Team Pass
- Skis/Snowboard
- Boots
- Poles
- Helmet (Mandatory)
- Goggles/Sunglasses
- Powder cords

This year (2016/17), the Snow Sports Team Program will have an optional team jacket available for purchase. Details will be sent out in a future email.

Race Team members may want to consider additional equipment which is specified in the [Race Team Guide](#).

3. Team Communications

3.1. Email Update

Email updates will be sent no later than the end of day the Wednesday prior to the weekend training session providing parents and team members with pertinent information.

3.2. Training Day Text Notifications

Last minute updates regarding weather, road conditions, or changes in program activities will be sent out via a group text messaging service and Facebook.

To receive text message updates, please text one of the below keywords to:

1. Text "**DEVO**" to (209) 989-4455 for **Kodiak, Youth Devo, & Race Devo** teams
2. Text "**ADULTDEVO**" to (209) 989-4455 for **Adult Devo Team** (only) updates
3. Text "**RACE**" to (209) 989-4455 for **Race Team** (only) updates

You can unsubscribe from updates at anytime by replying "STOP" to (209) 989-4455

3.3. Social Media

Social Media will be used to provide a number of options to keep up to date with Team information. Information that is sent out on Wednesdays will be distributed on Facebook and Twitter. While you may choose to follow TeamBV on multiple social media sites, only one of the following is required to receive all information. We recommend you like/follow:

Team BV Facebook: <https://www.facebook.com/Team-BV-209256452434966/>

Team BV Twitter: https://twitter.com/team_bv

Bear Valley Mountain: <https://www.facebook.com/BearValleyMountain/>

*General (non-team specific) information

3.4. Team Bulletin Board

Last minute updates will also be posted on the Team Bulletin Board located near the Sunroom Kiosk. Parents and team members should check this board before heading out to their team meeting location.

3.5. Team BV Website

The [TeamBV website \(http://www.teambv.com/\)](http://www.teambv.com/) contains a great deal of information in addition to Team updates regarding their respective teams. It is a comprehensive resource for news, events, equipment selection and maintenance, snow safety, training and conditioning. It is a mobile friendly site that can be accessed from a variety of devices. The site is viewable on mobile devices as well as computers.

3.6. Matt Trently Weather Updates

For updates on weather and snow conditions, Bear Valley's world-renowned Matt Trently posts a daily update on the Bear Valley YouTube channel, usually at some crazy early hour. We recommend you subscribe to this youtube channel:

<https://www.youtube.com/channel/UCDHXk3r9pl3hqBITSWm4n-Q>

3.7. Coach Communications

We value your input and parents are encouraged to discuss the progress of their athlete with their coach before and after training sessions. We understand that every athlete is unique; keep your coach informed regarding any specific issues he/she may need to know about your child. Any concern that cannot be resolved directly with your coach should be brought to the attention of the Head Race Team Coach (for Race Program Teams) or the Snow Sports Team Supervisor (for Development Program Teams). Parents are encouraged to **"shadow"** the team whenever they desire, however please maintain a respectful distance so that your child is not distracted by your presence.

4. Important Information for Parents

4.1. Safety

The safety of your athlete is our number one priority. We will push your athlete and stretch their abilities by SAFELY challenging them on appropriate terrain and conditions. Encourage your athlete to follow the directions of their coach at all times. Our goal is to build lifetime ski and boarding skills in a safe, caring and fun environment.

4.2. Emergencies

Coaches will report all injuries to Ski Patrol for assessment, treatment and transport to the medical clinic if required. Please insure that your emergency contact information includes a contact number where you can be reached while at the mountain.

4.3. Team Assignments

Team placement is important and we strive to place your athlete on a team that is appropriate to their skill level while considering age and social relationships. In order for the individuals to progress successfully and safely through the season, team composition will include athletes of the same ability level. While efforts will be made to include siblings and/or friends on the same team, their abilities must be similar. Grouping athletes purely by age without allowing for some movement or exposure to athletes who have more or less experience or who are more or less physiologically mature than their same age peers can have a detrimental effect on their performance. Experienced coaches will evaluate athletes and determine skill appropriate team groupings while giving consideration to age/maturity level. The first team weekend and the holiday training camp are critical times for team placement and **every effort should be made to have your athlete present on these dates (Dec. 10-11, 26-30)**. Teams are typically finalized by the end of the holiday team camp. Throughout the season, athletes will progress at different speeds and there will always be movement between teams – trust your coach’s assessment of your athlete’s ability.

4.4. Attendance

While attendance at every team session is not mandatory, it is highly encouraged. Like any sport, proficiency in skiing and boarding is based upon the acquisition and development of skills that build upon one another. Athletes who do not attend training sessions may miss out on important progressions and can fall behind their teammates.

4.5. Drop Off Location

At the beginning of the season, each team will be assigned a team number. Each training day morning, a team sign with that number will be posted out in the meeting area. All teams meet at their team sign in the area between the Sun Deck and Koala Chair **at least five (5) minutes before the scheduled start time.**

4.6. Pick Up/Drop Off Time

Timeliness is critically important to maximize our training time. All teams meet at their team sign in the area between the Sun Deck and Koala Chair and depart the meeting area at **9:30 and 12:30 sharp**. Plan to arrive early so that your child is fully geared up and ready to ski/board at the scheduled departure times. Teams return to the meeting area at **11:30 and 2:30**. Please be present at these times to pick up your athletes so that coaches can be released. If you are comfortable with your athlete being released from training sessions without a parent present, please advise your athlete's coach.

4.7. Late Arrivals

Teams train all over the mountain as determined by weather and snow conditions; it can be difficult to locate your athlete's team if you are late. Coaches will not wait for late arrivals, as this reduces valuable training time and is unfair to those who arrive on time. To assist late arriving athletes in finding their team, each team has a designated chairlift where they will always take their first run of the day. Please consult with your coach to determine which chairlift they will utilize on their first run. Coaches are not obligated to make more than one run on their designated chairlift.

4.8. Minimum Skills

The team descriptions in Section 2 identify the minimum required ski/board skills for each team. With the exception of the Kodiak team, all team members should also possess the following minimum skills:

- ability to put on their jacket/helmet/gloves without assistance
- ability to put on their skis/boots without assistance (flat and sloped terrain)
- **ability to load on a chairlift without assistance** and be comfortable riding alone on the chair if required

4.9. Athlete Accountability

Team members will be issued a Team Pass which be utilized to maintain athlete accountability and validate team membership. As athletes arrive each day, they will give their team pass to their coach as part of a positive “check- in” process. By retaining the team pass, coaches will always know the number and names of the athletes under their supervision. Coaches will return the pass to the athlete at the end of the training session as part of a formal “check-out “ process. Athletes must bring their Team Pass to each training session.

4.10. Pre-training Preparation

Team members learn best when they arrive well prepared and ready for training. Please feed your athlete a light meal prior to morning training and insure that their bathroom needs are addressed before arriving at the team meeting area. Team members are released to their parent/guardian for lunch and athletes are encouraged to fuel up before returning for the afternoon session.

4.11. Weather

Skiing and boarding are winter sports and we will train in all conditions. If the lifts are running, teams will go out. Be sure your athlete is properly equipped and ready for the elements.

4.12. Helmets

Helmet use is mandatory and must be worn at all times when participating in team activities.

4.13. Clothing

Athletes who are not prepared for winter conditions cannot concentrate on learning and having fun. Skiers and boarders should be dressed in layers to keep them warm and protected from adverse weather. Layering also allows athletes to shed clothing during warmer conditions. Waterproof and breathable outer layers (jackets and pants) are recommended in order to shed snow and maintain comfort. Athletes should also have access to multiple pairs of warm gloves/mittens to switch out during adverse weather. Eye protection in the form of sunglasses and goggles should also be available at all times. Accessories such as hand warmers, neck gaiters and face protectors are also recommended. Skin protection such as sunscreen and lip balm should also be used regularly.

4.14. Equipment

To protect your athlete's safety, ski and board equipment should be in good condition and bindings should be inspected annually for functionality by a certified technician. Release settings should be checked prior to skiing with the team; coaches are not allowed to adjust bindings. To improve the learning experience, skis and boards should be tuned and waxed regularly. Boots should fit well to maximize skier/boarder comfort and performance. Skiers should also have access to powder cords to prevent the loss of skis during powder conditions.

This season Reba Sports at the resort has a full line of gear and apparel for all your equipment needs including skis, snowboards, boots, helmets, goggles, equipment leases and more.

4.15. Athlete Attitude

A positive attitude and willingness to learn are the most important things that your athlete can bring each day. Training sessions are designed to be fun and it is essential that your child wants to be part of the program. Things change frequently; weather, snow quality/condition, and training plans are highly variable, so encourage your athlete to have a flexible attitude and be ready for last minute changes.

4.16. Behavior

The development of good sportsmanship skills and lasting social relationships are important components of the Snow Sports Team Program experience. Athletes are expected to support their teammates in a positive manner and follow the direction of their coaches at all times. Team members represent Bear Valley and are ambassadors of the Snow Sports Program; they shall treat the public, the coaching staff, Bear Valley employees, and each other with courtesy and respect. The safety of our athletes and other mountain guests is paramount and team members shall ski/board safely and under control, follow all posted warning signs/boundary restrictions, and shall not cut under rope lines or in front of resort guests. Athletes must understand that utilizing the ski school line is a privilege. Failure to behave in a manner that is consistent with these principles can result in suspension or dismissal from the team.

4.17. Issue Resolution

We value your input and expect that every parent will have an open dialogue with their athlete's coach. Any concern that cannot be resolved directly with your coach should be brought to the attention of the Head Race Team Coach (for Race Program Teams)

or the Snow Sports Team Supervisor (for Development Program Teams). If your concerns cannot be resolved at this level, they will be referred to Aaron Johnson, Director of Snow Sports Education & Exploration.

5. Training Curriculum

Development program teams follow standard PSIA/AASI curriculum progressions to develop strong skiing and boarding skills. The ultimate goal of this program is to develop skiers and boarders who can enjoy all terrain and snow conditions in a safe, confident manner. The progressions include an emphasis on improving balance fundamentals along with while introducing specific edging, rotary, and pressure movements.

Ski Development Team members move through a progression of instruction that allows them to move from wedge turns on beginner and low intermediate terrain, to wedge-Christy or skidded parallel turns on intermediate terrain and ultimately mastering carved turns on intermediate and expert terrain. An emphasis will be placed on varying turn shape in response to changing conditions as well as developing proficiency skiing under a variety of conditions such as moguls, powder, trees, and crud.

Snowboard Development Team members focus on turn shape and speed control on a variety of terrain (groomers, powder, steeps and trees). In addition freeride skills are explored for interested and skilled athletes.

For the 2016-2017 season, the Race Teams will be implementing the USSA SkillsQuest program for skiing. SkillsQuest is a cornerstone program of the Alpine Training System (ATS) designed to assist coaches with and to motivate and reward athletes in working toward and improving abilities in the key areas of emphasis of the Alpine Training System. As its name implies, it represents a quest, or journey toward success in ski and snowboard competition, by focusing on skills, the critical components that make up a high performing ski and/or snowboard competitor. In its full build-out, it will include activities and competencies for skiing and snowboard skills, technique and tactics, conditioning, equipment preparation, performance psychology and athlete management.

Although the USSA Training Systems' ultimate goal is to develop skiers and riders for world class competition, the fundamental skills embodied in this system comprise the critical foundation for expert skiing and riding whether it is for competition or pleasure.

6. Competitive / Race Opportunities

6.1. Nastar

NASTAR is the acronym for the NATIONAL STANDARD Race and is the largest public grassroots ski race program in the world. Participants compete within their age and gender groups to win platinum, gold, silver and bronze medals. In addition, participants are ranked in their medal group and the top ranked racers qualify to compete in the NASTAR National Championships.

To compete in NASTAR events you must register with NASTAR and obtain a NASTAR number. NASTAR numbers are permanent, so your number is good for as long as you want to race. If you are not sure if you are registered, you can check the NASTAR website for your ID. You can check your account or register with NASTAR at <http://www.nastar.com/>

Nastar registration fees are included when you are a member of the team. We will encourage coaches to run the Nastar course with their teams. To minimize long lines at the start, please ensure your ski team member is signed up for Nastar on the first day of the season or during the first weekend of scheduled training at the events booth.

6.2. Skier / Boardercross

Combining racing and freeskiing skills, skier/boardercross events are among the most exciting competitions. This season there will be at least one Skier/Boardercross. The date has not yet been set so watch for announcements on the BV website and from your coaches.

6.3. Slopestyle Competition

Each season, Bear Valley holds a number of Slopestyle competitions which challenges competitors to demonstrate their terrain park skills. This season the Fourth Annual Nickolay Dodov Slopestyle Competition will be held in March . Watch for announcements coming later in the season.

6.4. Rasmussen Classic

The Rasmussen Classic is the yearly USSA sanctioned Youth GS and/or SL race held at Bear Valley. The Rasmussen Classic is a great opportunity for any Devo team member to experience a fun and truly competitive youth ski race. This event is typically held the first or second weekend in January and is part of the USSA Far West

Central Race Series. Racers come from the Central Sierra resorts of Dodge Ridge, Badger Pass (Yosemite) and China Peak. The race is open to racers between the ages of 7 and 15 with racers competing in their age classification. The event includes races on both Saturday and Sunday with each day's race comprising 2 runs. The Saturday evening Award Dinner is a fun event for racers, their families and anyone else who wishes to attend.

All racers must have current memberships in USSA to register for the race (see section 6.7 for USSA information).

6.5. Central Series Races

The Central Series Races of the Far West Division of USSA include SL, GS and Super G races held at each of the Central Sierra resorts of Bear Valley, Dodge Ridge, Badger Pass (Yosemite) and China Peak. The races are open to age classification of U8, U10, U12, U14 and U16 with U14 and U16 being "non-scored" races.

Junior Racing Classifications for the 2016-2017 Season as of Dec 31, 2016:

Age Class	Birth Year
U19	16,17,18 years old; 1998-2000
U16	14-15 years old; 2001-2002
U14	12-13 years old; 2003-2004
U12	10-11 years old; 2005-2006
U10	8-9 years old; 2007 and later
U8	7 years old and under; 2009 and later (Central Series only)

Central Series Competition Dates 2016/2017 Season		
Month	Discipline	Dates (2017)
Bear Valley	GS / SL	January 7th & 8th
Dodge Ridge	2x GS	February 4th & 5th
China Peak	2GS / 2 SG	February 25th & 26th
Yosemite	2x SL	March 4th & 5th

Squaw Valley	U10 Championships	March 23rd-26th
Mammoth Mountain	U12 Championships	March 23rd-26th
Northstar	U14 Championships	March 30th-Apr 2nd

6.6. USSA Membership

All Race Program Team members (including Devo Race Team members who want to race in United States Ski and Snowboard Association (USSA) sanctioned races) must be current USSA and Far West Division members in order to register for a race. Typically racers obtain annual memberships if they intend to participate in more than one or two races. Single day memberships are available if a racer wishes to participate in a single race.

USSA membership fees vary per age class. Far West also assesses a Divisional fee when registering for USSA. For the 2016-2017 season USSA fees are as follows:

Season Membership

Age Class	USSA Fee	FW Fee	Total
U10	\$25	\$38	\$63
U12	\$50	\$38	\$88
U14	\$75	\$53	\$128
U16	\$150	\$53	\$203

Daily Membership

U11 and under	\$15	\$5	\$20
U13 and older	\$25	\$5	\$30

Note that if a racer wishes to participate in both days of an event such as the Rasmussen Classic, 2 one day memberships must be obtained. Register online and join the USSA at: <http://my.ussa.org/membership/start>

7. Bear Valley Sports Education Foundation

7.1. Background

The Bear Valley Snowsports Education Foundation (BVSEF) was originally founded as Bear Valley Race Team Foundation with the purpose of supporting Alpine racing at Bear Valley. The Foundation has been run predominantly by parents of current and former racers who have worked closely with Bear Valley Mountain Resort to organize

alpine races and support the race team. Over the years BVSEF has expanded its Mission to support all BV Teams plus the Adaptive Program.

7.2. Mission

The Bear Valley Snowsports Education Foundation (BVSEF) is a not-for-profit organization dedicated to the support of Bear Valley's snow sports athletes in achieving their athletic, academic and personal goals. The programs we support promote the development of essential skills; stimulate interest in competitive events and the positive values of sportsmanship, self discipline, goal setting, character building and the pursuit of healthy lifetime activities.

7.3. What BVSEF Does

BVSEF assists Bear Valley's competitive and development teams in many ways including team communication and administrative tasks. We support the professional development of coaches and support their efforts in providing the best possible skills development for our athletes. Our members assist coaches with training setup, safety monitoring, team communication and administrative tasks. Through fundraising and on-mountain volunteer work, we provide Bear Valley with the necessary parent and community support to develop highly competitive ski and snow sports teams. Through these efforts Bear Valley's programs are among the most affordable in the Sierras. This enables more young snow sports athletes to participate in a sport that would otherwise not be affordable.

BVSEF also:

- Maintains the TeamBV website Manages and funds the Nastar Race Program
- Organizes the USSA Central Series Rasmussen Cup Race
- Subsidizes professional development for coaches
- Purchases equipment for the Adaptive Program
- Organizes fundraising events and solicits sponsorships to fund its activities

7.4. Support BVSEF

In order for BVSEF to accomplish its Mission and achieve its goals, funds must be raised on an ongoing basis. In recent years, BVSEF funded scholarships, coach's education, video equipment, computer and video analysis software, radios, safety equipment and race gates.

Our funds typically are generated from donations, sponsorships, fund raising events and USSA race activities at Bear Valley which are organized by BVSEF. Our ability to realize our vision to see Bear Valley acknowledged as one of the top snow sports

development destination in the Sierras is only limited by the number of members willing to assist in our efforts.

Supporter Program which enables individuals to financially support BVSEF and be acknowledged with a Supporter Pin and be listed on the website Supporter page. We have set contribution levels as follows; Contributor – \$100; Supporter – \$250; Patron – \$500. Click [HERE](#) to donate.

For corporate sponsors, BVSEF Sponsorship will not only help the Foundation tremendously, but sponsor companies will be widely promoted to our membership and potentially all Bear Valley's guests. To become a BVSEF Sponsor, click [HERE](#) for information.

And last, but certainly not least, is supporting BVSEF through your volunteer efforts. The more members who contribute their time and/or expertise, the more we can accomplish. If are interested in helping the BV Teams, or have a special expertise or a unique way to support BVSEF we would love to hear from you. To volunteer, just send an email to info@bvsef.org with how you would like to help.

8. Social Events/Volunteer Opportunities

The Bear Valley Snow Sports Teams, often in collaboration with BVSEF, organize and host social events throughout the year including occasional off-season events. The goal of these events is to provide an fun, enjoyable experience while building relationships among the members and family of the Teams as well as the Bear Valley community at large. This community spirit sets Bear Valley apart from many other snowsports programs in the Sierra.

Events include:

- Annual Ski Swap
- Rasmussen Classic Awards Dinner
- Slush Cup High Sierra Championship
- Summer Team BBQ
- Devo Olympics

These community based activities depend on members of the community to organize and staff the events. Throughout the season, there will be opportunities to volunteer and become involved. Ideas for new events are always welcome.

In addition to events, the Team program has needs in addition to the coaching resources. Volunteers are needed to help with uniforms, team pictures, Devo Olympics and the Rasmussen Classic race. Volunteering is rewarding in many ways but it is

essential for the success of the Team programs and provides opportunities to meet others in the the BV ski community.

The following events are currently scheduled:

Team Orientation and Welcome Meeting Social - Please join us after our team meeting on Friday November 25th, 2016 to meet and mingle with coaches, new team members, and old friends. Bear Valley will provide light snacks and drinks.

Annual Ski Swap - Friday November 25, 2016 in the Bear Bungalow/Sunroom. Great deals on used gear. Sell your equipment on consignment.

Team Potluck Social – Please join our team families at our annual Christmas Camp Potluck to be held at 2:30 on Thursday, December 29th, 2016. This is a great opportunity to meet and mingle with coaches, new team members and old friends; bring a dish to share and Bear Valley will provide the soft drinks.

Team Barbeque – Celebrate another successful team season with a complimentary barbeque at 11:30 on Sunday, March 18, 2017 on the Sun Deck