



BEAR  
VALLEY  
**SIERRA  
ADVENTURE**  
ACADEMY

**YOUR CLASSROOM IN THE FOREST**



# SIERRA ADVENTURE

## PLAY IN THE SIERRA. LEARN IN THE SIERRA.

Bear Valley Mountain provides a unique location in the high Sierra for affordable adventure and outdoor education. Day trips and multi-day packages can be completely customized to your schools needs, and we are just a short drive from the San Francisco bay area!

Our course offerings combine outdoor adventure and team building exercises that help students build their skills and self confidence. Hands-on learning in a safe environment and a friendly, knowledgeable staff will ensure a positive and challenging experience for every child.

## ADVENTURE EDUCATION. SKILLS FOR LIFE.

- ✓ Build skills in critical thinking, self confidence and leadership
- ✓ Enhance your curriculum with hands-on, experiential learning
- ✓ Learn about the surrounding habitat and wildlife from local experts
- ✓ Ideal setting for all learning styles
- ✓ Private group tours and seminars provide more individual attention for students



# ACADEMY

## WHY ATTEND

We offer exciting adventure education programs for ages 6-18. Outdoor education gives the students the unique opportunity for personal growth and brings them into the field where science can come to life in real-world settings. Our staff will work with teachers and administrators to create programs that meet their curriculum goals while providing unforgettable experiences that help students become confident, aware and engaged citizens.

## SAMPLE COURSE OFFERINGS

**Alpine Ecology** Explore the forests and high meadows of the Sierra while learning about native plants and wildlife, animal signs and tracking, and the relationships that connect all living things in this mountain ecosystem.

**Snow Science and Safety** Ski, snowshoe and snowboard as you learn safe snow travel, avalanche rescue skills, snowflake identification and the dynamics of how the Sierra winter impacts the rest of California.

**Water Resources** Paddle the local lakes and rivers with experts who will introduce you to aquatic ecosystems and the importance of this resource to the state's economy and environmental policies.

**Geology Expeditions** Go hands-on and underground as you experience the Sierra's diverse geologic past with limestone cave adventures, rock climbing on the vast granite walls and hiking through the volcanic mazes of the area's summits.

All with easy, fast access to Bear Valley Mountain, only 3 hours from the Bay Area. You can enjoy fantastic group rates on all of your school's needs.

# SIERRA ADVENTURE ACADEMY



## BRING YOUR CLASSROOM OUTSIDE

Experiential learning packages for single and multi-day courses are tailored to your group's interests, and may include:

- ✓ Alpine Skiing
- ✓ Cross Country Skiing
- ✓ Telemark Skiing and Touring
- ✓ Snowboarding
- ✓ Snowshoeing
- ✓ Backcountry Travel and Avalanche Safety
- ✓ Winter Survival
- ✓ Rock Climbing
- ✓ Ice Climbing
- ✓ Introductory Mountaineering
- ✓ White Water Rafting
- ✓ Flat Water Kayaking and Canoeing
- ✓ Caving and Cave Tours
- ✓ Mountain Biking
- ✓ Fly Fishing
- ✓ Camping and Wilderness Ethics
- ✓ Astronomy and Stargazing at 8000 feet



# Adventure education programs for kids ages 6–18. Learn lifelong skills in a fun, safe environment.



## FIRST CLASS SERVICE

Group sales experts make it easy for teachers and chaperones. Our staff will work closely with trip organizers to ensure that everyone's needs are met.

- ✓ Enjoy Bear Valley's small, intimate mountain community surrounded by national forest and two of California's largest wilderness areas. Comfortable, safe, and secure.
- ✓ Stay in the Bear Valley Lodge, with room for 200 guests, or in local cabins and condos. We have a range of accommodations for students and faculty of all ages, including those with special needs.
- ✓ Come for an easy day trip or experience our multi-day programs.
- ✓ All equipment, lessons and passes will be provided upon arrival.
- ✓ Eat well when you're here—our healthy and delicious meals will keep you fueled for your adventure, whether you choose to dine in our lodge or have us pack a lunch you can take out into the field for the day.
- ✓ Charter buses to and from Northern California locations are available. Local buses to and from the Village to the ski area are available during hours of operation and private coaches, cars and chartered buses are welcome and easily accommodated.
- ✓ Let us take care of any local arrangements for your group's activities, such as catering, DJ, decorations, theme dinners and special facilities.

## SAMPLE FALL DAY AT SIERRA ADVENTURE ACADEMY

- 8 AM Breakfast in the Bear Valley Lodge
- 9 AM Nature hike to Lake Alpine with forest ecology expert, learn dynamics of the local ecosystem, how to identify animal tracks and native plants
- 12 PM Arrive at the shores of Lake Alpine, sack lunch provided
- 1 PM Set out on the lake with kayaks for the afternoon, learning paddle and self-rescue techniques. Visit the dam and learn about the importance of the watershed and the local ecology.
- 4 PM Shuttle returns group to Bear Valley
- 6 PM Dinner at the Bear Valley Lodge
- Evening Options include games, films, or a night hike for stargazing

## SAMPLE WINTER DAY AT SIERRA ADVENTURE ACADEMY

- 8 AM Breakfast in the Bear Valley Lodge
- 9 AM Presentation by snow safety experts on snow travel and avalanche awareness
- 10 AM Day on the snow, explore the resort area on  
TO skis or snowboards with instructors and guides,  
4 PM activities will include digging a snowpit, snow analysis, improvement of ski/board techniques, and avalanche rescue skills. Sack lunch provided.
- 4:30 PM Shuttle returns group to Bear Valley Lodge
- 5:30 PM Dinner at the Bear Valley Lodge
- Evening Options include games, films, or snowcamping and snow shelter construction

## GETTING HERE

Bear Valley is conveniently located on scenic and all-weather Highway 4, between Lake Tahoe and Yosemite. Chains can be required on Highway 4 during storms. Access is easy from all areas of Northern California. Visit [www.bearvalley.com](http://www.bearvalley.com) for detailed driving directions.

## OTHER SERVICES

ATMs, a first aid center, post office, gas station, market, real estate agents, public library, historical museum, massage therapist, disc golf, DVD rentals and photographers. Connect to wireless internet at the Lodge and the Mountain.

## BUSINESS AND SERVICES DIRECTORY

### DINING & NIGHTLIFE:

- 1 Bear Valley Adventure Company Store (209.753.2834)
- 2 Bear Valley General Store Deli (209.753.2842)
- 3 Creekside Dining Room (209.753.2325 x0)
- 4 Grizzly Bar & Grill (209.753.2325 x126)
- 5 Headwaters Coffeehouse (209.753.2708)
- 6 Lake Alpine Restaurant & Bar (209.753.6358)
- 7 Sky High Pizza & Pub (209.753.2050)

### SPORTS & RECREATION:

- 1 Bear Valley Adventure Company & X-Country (209.753.2834)
- 2 Bear Valley Frisbee Golf Course (209.753.2834)
- 3 Bear Valley Mountain Resort (209.753.2301)
- 4 Bear Valley Snowmobile (209.753.2323)
- 5 Bear Valley Tennis Club (209.753.2834)
- 6 Calaveras Big Trees State Park (209.795.3840)
- 7 Lake Alpine Boat & Kayak Rentals (209.753.6358)
- 8 Mountain Adventure Seminars (209.753.6556 x1)

### REAL ESTATE:

- 1 Bear Valley Real Estate (209.753.2334)
- 2 Premier Properties (209.753.2551)

### SHOPPING & SERVICES:

- 1 Bear Valley Adventure Company Store (209.753.2834)
- 2 Bear Valley General Store (209.753.2842)
- 3 Bear Valley Sport Shop (209.753.2844)
- 4 Lake Alpine General Store (209.753.6358)
- 5 Mt. Reba Sports (209.753.2301 x126)
- 6 West World Images (209.753.2301 x131)

### ART & ENTERTAINMENT:

- 1 Bear Valley Library (209.753.6219)
- 2 Bear Valley Music Festival Office (209.753.2574)
- 3 Ebbetts Pass Historical Association Museum (209.753.2554)

## BEAR VALLEY AREA



## VILLAGE CENTER

For more information about the area, local businesses and a calendar of events please visit [www.bearvalleyvillage.com](http://www.bearvalleyvillage.com).



## LOCAL LODGING

### Bear Valley Lodge

The Bear Valley Lodge is centrally located in the Village at 7,100 feet. Enjoy the ambiance of the rare post-and-beam style lodge. The grand Cathedral Lounge, with its handsome granite fireplace, is the central gathering place for lodge guests.

Fifty-three guest rooms are situated around the Cathedral Lounge on the second, third, and fourth floors. Several room configurations are available to accommodate a wide range of needs.

Amenities include free wireless internet and a heated swimming pool during the summer season. The hotel welcomes group stays, and can accommodate group activities with conference rooms, equipment rentals and banquet menus.

### BaseCamp Lodge

BaseCamp Lodge is a European-style mountain lodge located in Bear Valley Village. BaseCamp offers fourteen private guest rooms and a large group bunkroom as well as separate male and female bathroom and shower facilities located conveniently on each of the guest room floors. Other amenities include a beach volleyball court, game room and a spacious living-room complete with flat screen satellite television, DVD player and complimentary Wi-Fi access.

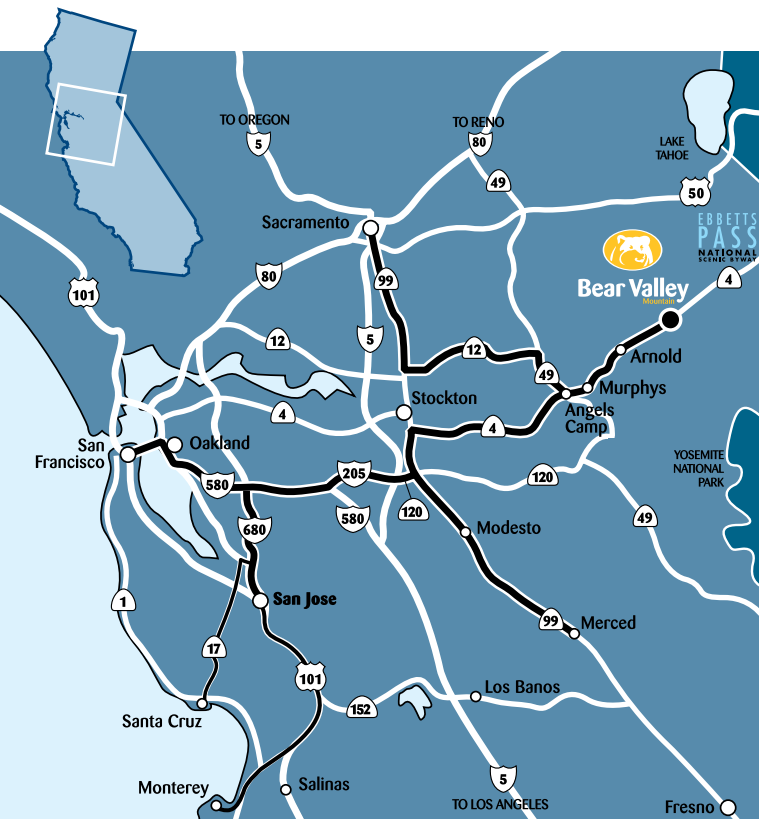
### Bear Valley Vacation Rentals

Located in the Village Center, Bear Valley Vacation Rentals offers the largest selection and the closest accommodations to the slopes. Rentals include studio condos, large custom homes, fully equipped kitchens and dog-friendly dwellings. Group rates are available along with 24 hour, 7 day a week on-call service. Stop by, call, or visit the website for availability and specials.





**Call or email one of our specialists today to help plan your trip!  
209.753.2301 x777 or [reservations@bearvalley.com](mailto:reservations@bearvalley.com)**



### **JOIN US ON THE MOUNTAIN!**

Our newly expanded winter terrain offers 1700 acres of slopes for all abilities, two terrain parks and endless opportunities for skiing and snowboarding. Call or email one of our specialists today to help plan your trip!

**209.753.2301 x777 or [reservations@bearvalley.com](mailto:reservations@bearvalley.com)**

### **REAL PEOPLE. REAL FUN. RIGHT NOW!**

2280 Highway 207 | Bear Valley, CA 95223  
[www.bearvalley.com](http://www.bearvalley.com) | [fun@bearvalley.com](mailto:fun@bearvalley.com)

Bear Valley is conveniently located on scenic and all-weather Highway 4, between Lake Tahoe and Yosemite. Access is easy from all areas of Northern California.

In partnership with the US Forest Service, Bear Valley Mountain, Bear Valley Cross Country Co., MAS, and Bear Valley Snowmobile all operate under special use permit on the Stanislaus National Forest.

US Forest Service Calaveras Ranger District Office  
209.795.1381 | [www.fs.fed.us/r5/stanislaus](http://www.fs.fed.us/r5/stanislaus)

